



LUCKNAM PARK

HOTEL & SPA, BATH

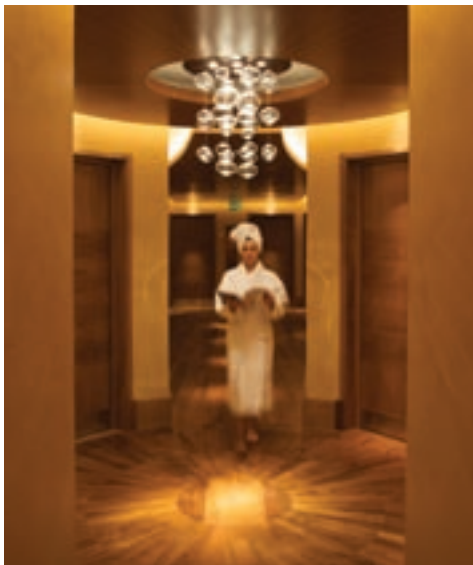
The Spa at
Lucknam Park



A walled garden. Avenues of trees. Manicured lawns. A perfectly natural setting for The Spa at Lucknam Park.

The Spa is the very essence of luxurious relaxation. Since it first opened in November 2008, it has quickly become regarded as one of the finest in the UK. The Spa is at one with its surroundings; wood, marble and glass reflect the warm seasonal hues of the estate's 500-acre parkland. The epitome of peace and quiet, personal moments. A haven from the world for an hour, a day or more...

Tel: +44 (0)1225 740570
spa@lucknampark.co.uk



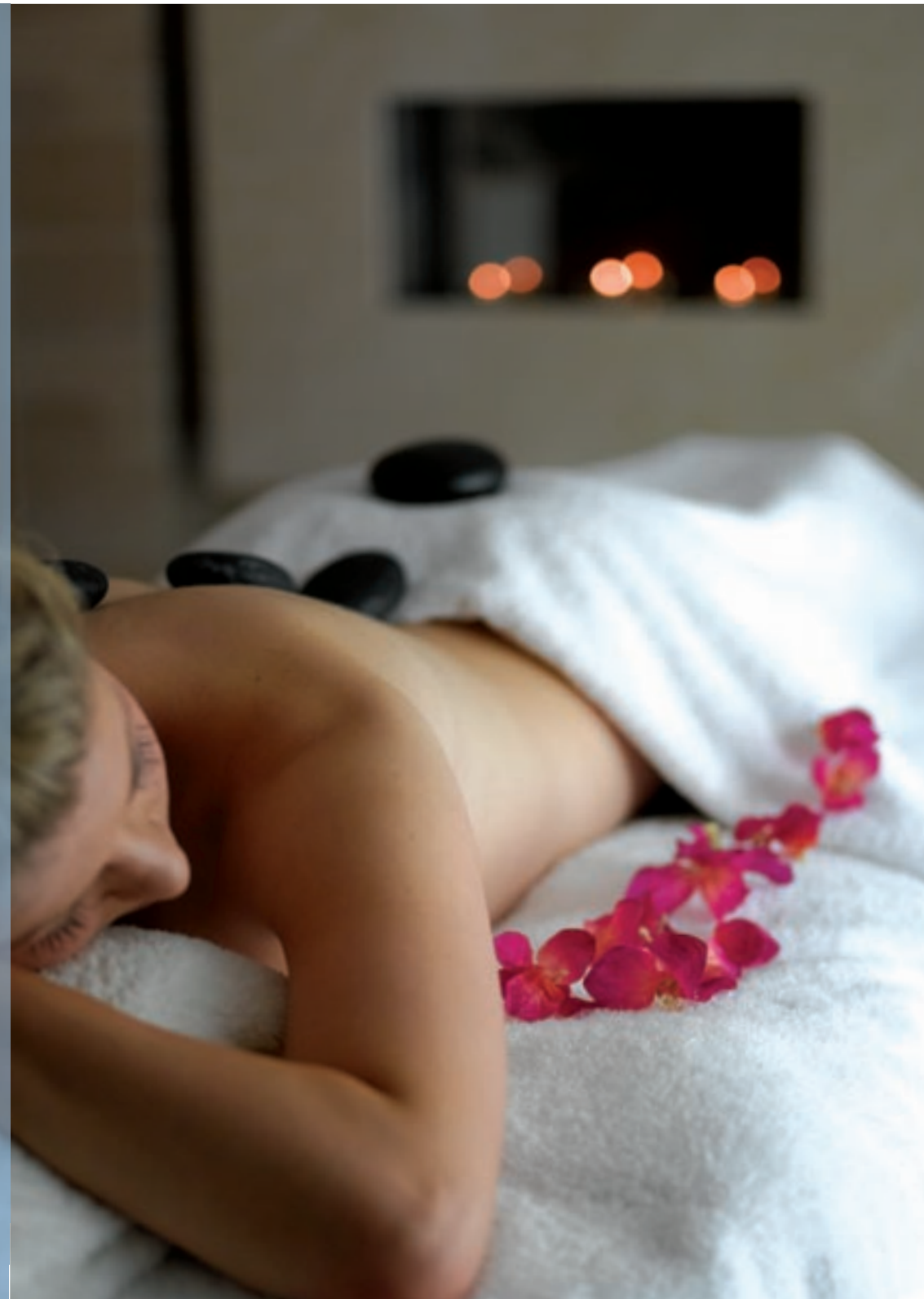
Spa partners

The best treatments demand the best products. That is why we have chosen two world-leading brands to feature in The Spa. Anne Semonin, the French spa and beauty specialist, combines aromatic essential oils, trace elements and marine ingredients with a European twist. Each is then matched to your own specific requirements. Carita Paris is a global leader in anti-ageing skincare with its range of exquisite elixirs for face, body and hair. Both blend beautifully with our treatment collections.

Spa treatments

All treatments at The Spa are original and bespoke. Each combines relaxed comfort, luxurious products and expert therapists for outstanding results in our nine treatment rooms, including two deluxe rooms one of which is a couples treatment room. For your first visit to The Spa, you may prefer to choose from our own selection of tailored treatments. Combinations created specifically for couples or expectant mothers or to introduce you to new therapies. We'll help you find the best one for you.

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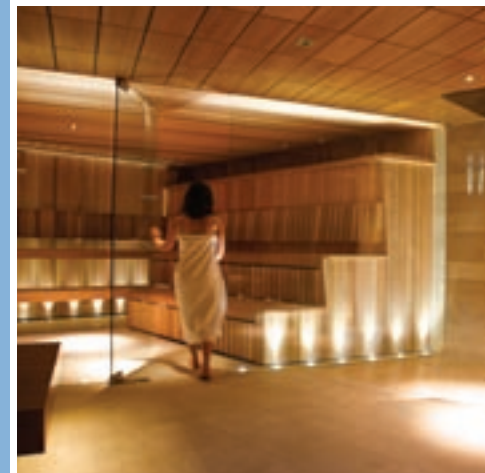
Spa facilities

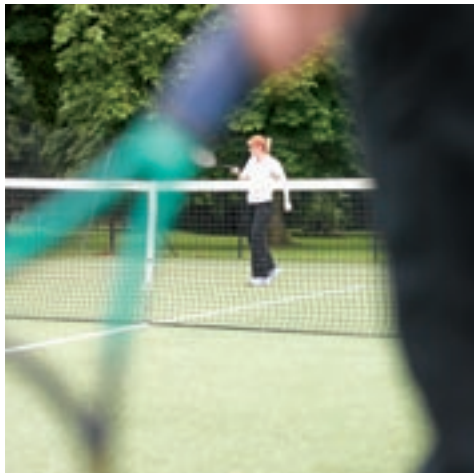
Your time at The Spa extends well beyond the hands-on treatments. Every aspect has been designed to relax and indulge you, from the private gardens to the luxurious surroundings of The Spa itself. Linked pools indoor and out allow you to move effortlessly from hydrotherapy to gentle swim. Cleanse and unwind in any of our four thermal cabins featuring Japanese salt, aromatic steam, sauna and the amethyst room. Our Experience showers will revive you after a dip in the outdoor salt water plunge pool. And to look your best as you leave, book into our hairdressing salon or browse The Spa boutique.

The Brasserie

Once you feel fabulous on the outside, it's just as important to feel good on the inside. Our Head Chef has created healthy, lighter dishes for you to enjoy in the stylish surroundings of The Brasserie within The Spa. Its wood-fired oven and open kitchen allow you to dine at any time of day from a menu full of locally-sourced ingredients. Of course, there are some indulgent treats there, too. After all, it wouldn't do to be too good.

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Spa & Leisure

Beyond The Spa there are many other ways to find a sense of well-being at Lucknam Park. Borrow one of our bicycles for a tour of the estate. Follow our trim trail at your own pace. Try your hand at tennis or croquet. Enjoy a kick-about with family or friends on our all-weather five-a-side pitch. Saddle up at our Equestrian Centre for a beginner's lesson or a countryside hack. Or just enjoy the beauty and tranquility of our various formal gardens. Other outdoor pursuits can either be arranged for you in advance or are available nearby.

Spa membership

Please ask for our membership brochure which details the choice and benefits available.

Spa gift vouchers

Beautifully presented Lucknam Park Gift Vouchers are the perfect gift for any occasion. Gift vouchers can be ordered by telephone, in person or on line at www.lucknampark.co.uk



Lucknam Park Hotel & Spa
Colerne, Chippenham, Wiltshire SN14 8AZ
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spa@lucknampark.co.uk
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